

04.01 Cain Through Enoch (Genesis 4:16–26; 5:1–24)

✓ “Check” it out; opinion, inference, supposed conversation, or fact one can verify follows

[. . .] indicates a remark to the teacher that usually should not be read. It also indicates answers to questions.

Visuals and Tools:

- Genesis Series 2 Flash a Cards, “Enoch, Noah, and Babel,” from A Beka Book or visuals and pictures found at the end of this lesson. Please give credit to sources of pictures.
- Check “Activities” and “Handwork” below for other needed resources.

Bible Time Tips and Terms to Teach: [Flashcard words are enlarged at the end of this lesson. Print, cut out, and glue to card stock, or just print on colorful cardstock.]

- *fugitive*: someone who has to run for his life and never feel safe
- *vagabond*: wanderer without a home
- *disdain*: to despise; to think nothing of
- *polygamy*: from *many* and *marriage*; being married to more than one wife at a time
- *to forge*: to form by heating and hammering; beat into shape (dictionary.com)

Scripture: (ESV)

Genesis 4:16 Then Cain went away from the presence of the Lord and settled in the land of Nod, east of Eden.

17 Cain knew his wife, and she conceived and bore Enoch. When he built a city, he called the name of the city after the name of his son, Enoch. 18 To Enoch was born Irad, and Irad fathered Mehujael, and Mehujael fathered Methushael, and Methushael fathered Lamech. 19 And Lamech took two wives. The name of the one was Adah, and the name of the other Zillah. 20 Adah bore Jabal; he was the father of those who dwell in tents and have livestock. 21 His brother’s name was Jubal; he was the father of all those who play the lyre and pipe. 22 Zillah also bore Tubal-cain; he was the forger of all instruments of bronze and iron. The sister of Tubal-cain was Naamah.

23 Lamech said to his wives: “Adah and Zillah, hear my voice; you wives of Lamech, listen to what I say: I have killed a man for wounding me, a young man for striking me. 24 If Cain’s revenge is sevenfold, then Lamech’s is seventy-sevenfold.”

25 And Adam knew his wife again, and she bore a son and called his name Seth, for she said, “God has appointed for me another offspring instead of Abel, for Cain killed him.” 26 To Seth also a son was born, and he called his name Enosh. At that time people began to call upon the name of the Lord.

5:3 When Adam had lived 130 years, he fathered a son in his own likeness, after his image, and named him Seth. 4 The days of Adam after he fathered Seth were 800 years; and he had other sons and daughters. 5 Thus all the days that Adam lived were 930 years, and he died.

6 When Seth had lived 105 years, he fathered Enosh. 7 Seth lived after he fathered Enosh 807 years and had other sons and daughters. 8 Thus all the days of Seth were 912 years, and he died.

9 When Enosh had lived 90 years, he fathered Kenan. 10 Enosh lived after he fathered Kenan 815 years and had other sons and daughters. 11 Thus all the days of Enosh were 905 years, and he died.

12 When Kenan had lived 70 years, he fathered Mahalalel. 13 Kenan lived after he fathered Mahalalel 840 years and had other sons and daughters. 14 Thus all the days of Kenan were 910 years, and he died.

15 When Mahalalel had lived 65 years, he fathered Jared. 16 Mahalalel lived after he fathered Jared 830 years and had other sons and daughters. 17 Thus all the days of Mahalalel were 895 years, and he died.

18 When Jared had lived 162 years, he fathered Enoch. 19 Jared lived after he fathered Enoch 800 years and had other sons and daughters. 20 Thus all the days of Jared were 962 years, and he died.

21 When Enoch had lived 65 years, he fathered Methuselah. 22 Enoch walked with God after he fathered Methuselah 300 years and had other sons and daughters. 23 Thus all the days of Enoch were 365 years. 24 Enoch walked with God, and he was not, for God took him.

Introduction/Review:

Remember Genesis 3:15? Let's say it together. ["I will put enmity between you and the woman, and between your offspring and her offspring; he shall bruise your head, and you shall bruise his heel."] Who is the *you* in this verse? [Lucifer, Satan and his followers.] Who is the woman's offspring/seed? [Jesus Christ and those who are believers in Him.]

I think we saw some offspring of Satan in our last lesson? Who was it? Hint: he was Adam and Eve's firstborn; he murdered his brother. [Cain.]

Cain has all the characteristics of Satan's seed/offspring. Just like Satan, he had utter disdain for God and His commands, even when God gave him a chance to make right his offering. Cain went east of the Garden of Eden, to the land called Nod.

Story:

Cain had said he would be a fugitive and vagabond in the earth. That means he would have to depend on God to provide for him. ✓Cain didn't want to do that; so after his first son was born, he built a city and named it after this son. [Teacher, in order to avoid some confusion, we are not teaching young children the names of evil *Enoch* and *Lamech* here because of the later good men with these names.]

Cain's Influence

As happens so often in families, ✓Cain's children learned their attitude toward God from their father. So can we. By God's grace someone whose father disdains God can be saved by God. (On the other hand, a godly father's influence is not a guarantee that a child will become a seed of Jesus.) As we read the list and accomplishments of Cain's children and grandchildren, ✓we see arrogant rebellion and self-promotion but not submission to God.

Cain's son had a son, who had a son, who had a son—a great, great grandson of Cain's. We will call him "Mr. L," and he started the practice of polygamy: he married two wives. Only three of "Mr. L's" sons are mentioned in Scripture, and they, like other descendants of Cain, were ✓"strong, clever, arrogant, aggressive, industrious, innovative, *etc.*" (Herein Is Love Commentary Series; *Genesis, A Commentary for Children*, Nancy Ganz, Shepherd Press, 2002). One son invented musical instruments—the harp and the pipe. (KJV uses the term *organ* instead of *pipe*. This was not the pipe organ we know today but rather the pipe into which breath is blown.) The sons of the harp and pipe inventor would follow their father's occupation. Another son of "Mr. L" forged all instruments (tools) of bronze and iron and taught others how to do the same thing. Forging metals requires strength and cleverness. This man's sons also continued in his trade after him. The third son had livestock.

First Death in Self-Defence

"Mr. L" himself ✓bragged to his wives about killing a man: "I have killed a man for wounding me, a young man for striking me." Apparently, a young man had hurt him; so he slew that young man. If the young man's intent had been to slay "Mr. L," then ✓"Mr. L" still should not have boasted about slaying someone even if the act was not considered a criminal.

Remember the consequence God had stated if someone slew Cain? It was that the slayer would repay seven times—he would be punished seven times more than Cain was punished. Now, "Mr. L", ✓boasting to his wives (or possibly comforting them) stated that surely anyone who tried to slay him would have to be

repaid, not seven, but seventy-seven times.

✓Some Bible teachers believe that all of Cain’s descendants were evil and wicked—none of them saved by grace. This may be true, but the Bible does not say that. In fact, “With the exception of the assault that seemed to have provoked the homicidal act of Lamek, and the bigamy of Lamek himself, we find not much to condemn in the recorded conduct of the race of Cain; and in the names of some of them we discover the remembrance and recognition of God” (Barnes in Online Bible).

“The line of Cain is traced no further than the seventh generation from Adam. . . . The design of tracing it thus far, is to point out the origin of the arts of life, and the first instances of bigamy and homicide in self-defense” (Barnes in Online Bible). Of course, every line of descendants except one was cut off in a great worldwide catastrophe. What was that catastrophe? [The flood.]

Birth of Seth

Remember that all the people living at this time had come from Adam and Eve, their children, grandchildren, great grandchildren, and so on. Besides Cain and Abel, only one other child is named; that is Seth. He was born when Adam was 130 years old. After she bore Seth, Eve said, “God has appointed for me another offspring instead of Abel, for Cain killed him.” ✓So it seems she thought Seth, more than all the other sons she had had by this time, was a substitute for Abel. In a way, she was correct, for it was not through Cain’s or Abel’s or any other son’s but through Seth’s line that Jesus, the seed/offspring of the woman, would crush the head of Satan.

Deaths of six generations

Genesis 5 lists the descendants of Adam through Seth, telling how old they were when they had a certain son, how long they lived after that birth, that they had other sons and daughters, and how old they were when they died. I will visualize for you these first seven generations with gravestones that you may read. [Teacher, you may use the chart below instead of gravestones if you wish. If using gravestones, hand a child a gravestone, have him/her read it and then place it on the flannelgraph board. Continue, stopping before Enoch.]

Generation	Name	Birth Year	Death Year	Years Lived
1	Adam	created Day 6, Year 1	930	930
2	Seth	130	1042	912
3	Enos	235	1140	905
4	Cainan	325	1235	910
5	Mahalaleel	395	1290	895
6	Jared	460	1422	962
7	Enoch	622	Did not die	365

Why did all of these die? [Because of the consequence of Adam’s sin.] He died spiritually in being separated from God the moment he took the forbidden fruit, but Adam also died physically 930 years later.

Enoch’s Walk with God

[Hand out the Enoch flannelgraph piece; have a student read it.] Wait a minute! What did you just read? “Enoch did not die”? Let me explain; rather, let the Bible tell us: “When Enoch had lived 65 years, he fathered Methuselah. Enoch walked with God after he fathered Methuselah 300 years and had other sons and daughters. Thus all the days of Enoch were 365 years. Enoch walked with God, and he was not, for God took him” (Genesis 5:21–24).

Meditated on God

“Enoch walked with God after he fathered Methuselah.” Sometimes it takes the birth of a child for a parent to get close to God and to “walk” with him. [Teacher, refer to “Walking with God” chart at the end of this lesson.] But how would one in the ages before there was a Bible “walk with God”? [He would think about Him, meditating on all His works and ways.] What a refreshing scene! A man submitting himself to God and fellowshiping with him all the time!

Pleased God

The Bible commends Enoch in two other Scripture passages besides the one in Genesis. [Teacher, have students look up and read the Hebrews and Jude passages that follow.] “By faith Enoch was taken up so that he should not see death, and he was not found, because God had taken him. Now before he was taken he was commended as having pleased God” (Hebrews 11:5, ESV). This verse defines walking with God as “pleasing God.”

Prophesied for God

Another passage is Jude 14 and 15 (ESV): “It was also about these [wicked God-haters and blasphemers] that Enoch, the seventh from Adam, prophesied, saying, ‘Behold, the Lord comes with ten thousands of his holy ones, to execute judgment on all and to convict all the ungodly of all their deeds of ungodliness that they have committed in such an ungodly way, and of all the harsh things that ungodly sinners have spoken against him.’”

Now, this is a lot of information about Enoch, and we do not find it in any other place in the Bible. Where did it come from? From an ancient book called The Book of Enoch that Jude apparently knew was true, at least in this case. Our infallible Bible records Enoch’s prophecy from a source outside of the Bible.

Notice the condition of the world in Enoch’s time: four times in two verses we find forms of the word *ungodly*—“convict all the *ungodly* of all their deeds of *ungodliness* . . . committed in such an *ungodly* . . . things that *ungodly* sinners have spoken.”

Just what did Enoch prophesy? [The Lord is coming with ten thousands of angels, to judge and to convict all the ungodly of all their deeds.] Hallelujah! Jesus will judge *all* the evil in this world when He comes again. Enoch, way back in Genesis, knew it. God must have shown him this wonderful prophecy as they walked together.

This Scripture gives us another definition of “walking with God”—prophesying against false prophets and blasphemers. My, that takes courage! ✓Certainly, God encouraged Enoch as he walked with the Creator and Judge of this world.

Named his son

Enoch prophesied not only with his lips but also in the naming of his son, Methuselah, for that name means “when he dies, it [judgment] will come.” What that judgment is we will learn in the next few lessons. So come back to find out what it is.

Because God was pleased with Enoch, He “took” him. Someone described the scene like this: “One day as Enoch and God were walking and talking, God said, ‘Why don’t you come on Home with me to heaven?’ So Enoch walked with God right up to heaven.” Well, we don’t know exactly how it happened, but we do know Enoch is a tremendous example to us—to think about God, to please God, to prophesy judgment against wicked God-haters. Can you and I do this? Let’s pray that we will walk with God as Enoch did. [Pray.]

Lessons from this lesson:

- Beware of having your own way; a disdainful attitude toward God leads you astray and influences others.
- Think about God and His works. Please God by doing His commands. Speak up against evil.

Activities:

- Play dough: harp, pipe (musical instrument), tools, shoes
- Talk about birthdays and candles and long life.
- Review the songs found in previous lessons and the ones found below
- Review questions. (Game: Divide students into two teams. For each team, tack the ends of a 2-foot string to the wall. On each string hang cards folded in half. These cards will each have a letter written on the bottom half with the letter facing the wall. The letters will be in correct spelling order of a word found in the lesson (*e.g., walk and took; Enoch and judge; died and live*). With each correct answer, a student may choose a card, reveal the letter, and guess the word).
 1. What special things did a son of “Mr. L” invent? [Musical instruments.]
 2. Another son of “Mr. L” forged what? [Metals.]
 3. “Mr. L” was the first polygamist. What does that mean? [He married two wives.]
 4. Why did “Mr. L” kill a young man? [In self-defense; the young man had tried to harm him.]
 5. Who is the third named son of Adam and Eve? [Seth.]
 6. What was the name of the man who is know because he “walked with God”? [Enoch.]
 7. How did Enoch walked with God? [He meditated on God; pleased God; prophesied for God.]
 8. What was the name of Enoch’s son? [Methuselah.]
 9. Methuselah was the oldest man who ever lived. How old was he when he died? [969 years old.]
 10. What does Methuselah’s name mean? [“When he dies, it shall come.”]
 11. (Trick question) How did Enoch die? [He didn’t; he “was not” for God took him.]
- Have traffic signs (found at end of this lesson): *stop, yield, one way, slow*. The leader holds up a sign as students walk around and obey the sign. (*Yield*=each person lets the one behind him go ahead.)
- Sing “One Way God Said to Get to Heaven” (not found below).
- Sing “Sermon in Shoes.”
- Older students might enjoy perusing “The Graveyard Chapter” charts found below.

Handwork:

- Trace feet on paper; cut out; paste on large paper. Write “Enoch pleased God” (Hebrews 11:5) and/or “Enoch walked with God” (Genesis 5:24). Or copy the handwork paper found below. Students trace their feet on this paper and color their footprints.

Memory Verse[s]: Review some or all of the following:

Exodus 20:11—“In six days the Lord made heaven and earth, the sea, and all that is in them.”

Genesis 1:26—God said, “Let us make man in our own image.”

Ephesians 6:11—“Put on the whole armor of God, that you may be able to stand against the schemes of the devil.”

Romans 5:19—For just as through the disobedience of the one man the many were made sinners, so also through the obedience of the one man the many will be made righteous.

Genesis 3:15—“I will put enmity between you and the woman, and between your offspring and her offspring; he shall bruise your head, and you shall bruise his heel.”

fugitive

vagabond

to disdain

polygamy

to forge

The Death Chapter, Genesis 5

Generation	Name	Birth Year	Death Year	Years Lived
1	Adam	created Day 6, Year 1	930	930
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Lord, may _____

Enoch walked

with God (Gen. 5:24).

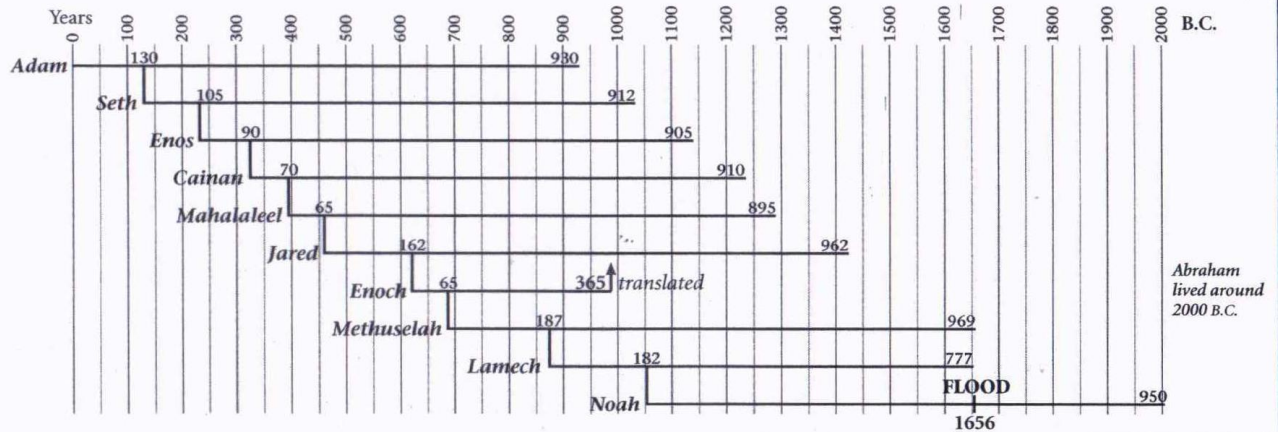
walk with God.

The Graveyard Chapter

Genesis 5

Reading the "Graveyard Chapter" of the genealogy of the godly line from Adam to Noah is like walking through a cemetery and reading names on tombstones.

Years from creation of Adam to Noah's death



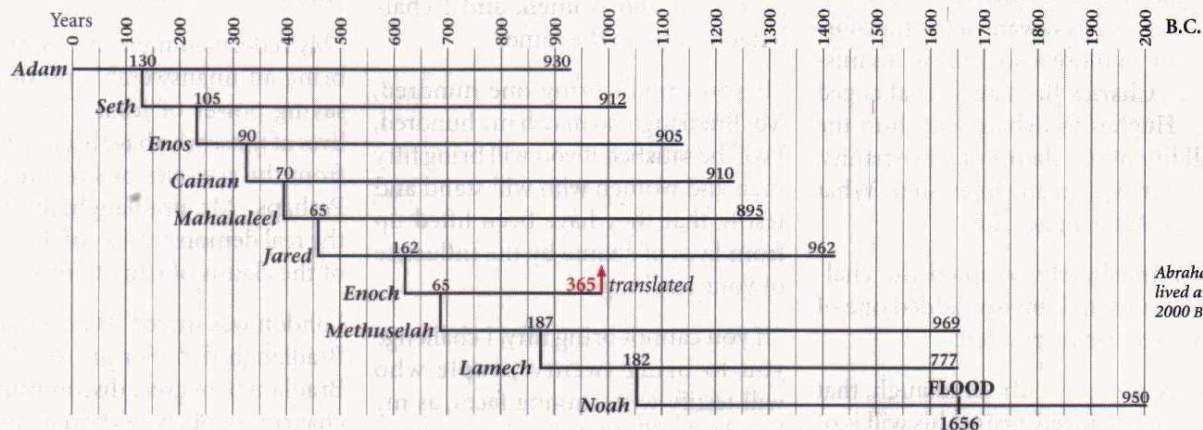
from *PCC Update*, (Pensacola Christian College), Summer 2003 (See full article below.)
 Suggestion: Copy and paste into landscape format for larger picture.

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Years from creation of Adam to Noah's death



The “generations of Adam” in Gen. 5 gives — the age of each man **when the son was born**,
— the **years he lived after the son was born**, and
— the **total years he lived**.

The sons may not be first-born sons, even as Seth was not Adam's first-born. Many sons may have been born before and after the son who is listed. Early man observed the sun's cycle on the horizon to determine years; thus the length of years was the same as ours.

Of those listed in Genesis 5, all but three lived over **900 years**. For us, that would be like living from 1100 A.D. (Middle Ages) until the present; it would mean being about 400 years old when Columbus discovered America in 1492.

It is interesting to note that Adam was alive when Noah's father Lamech lived. And Noah was still alive when Abram was born. Sickness was minimal; therefore, everyone lived a long time. Since childbearing years were

very long and there was no birth control, the population multiplied exceedingly fast. The earth could have been filled with people by the time of the Flood. Most people lived to see nine to twenty or more generations of offspring. Imagine the size of the world's present population if most of those born 900 years ago were still living today.

“*Enoch walked with God after he begat Methuselah*” —Gen. 5:22.

Enoch was 65 years old when Methuselah was born, after which he had an experience with God that changed his life. God revealed to Enoch that as long as this particular son lived, God would withhold His judgment on the world, but after this son died, judgment would come. Thus, Enoch named this son Methuselah, which means *when he is dead, it shall be sent*. Enoch then began to walk with God. He lived 365 years, “*and he was not; for God took him*” —Gen. 5:24. He did not die but was translated, that is, he went to heaven without dying. Methuselah lived to be

969 years old, the oldest person on record.

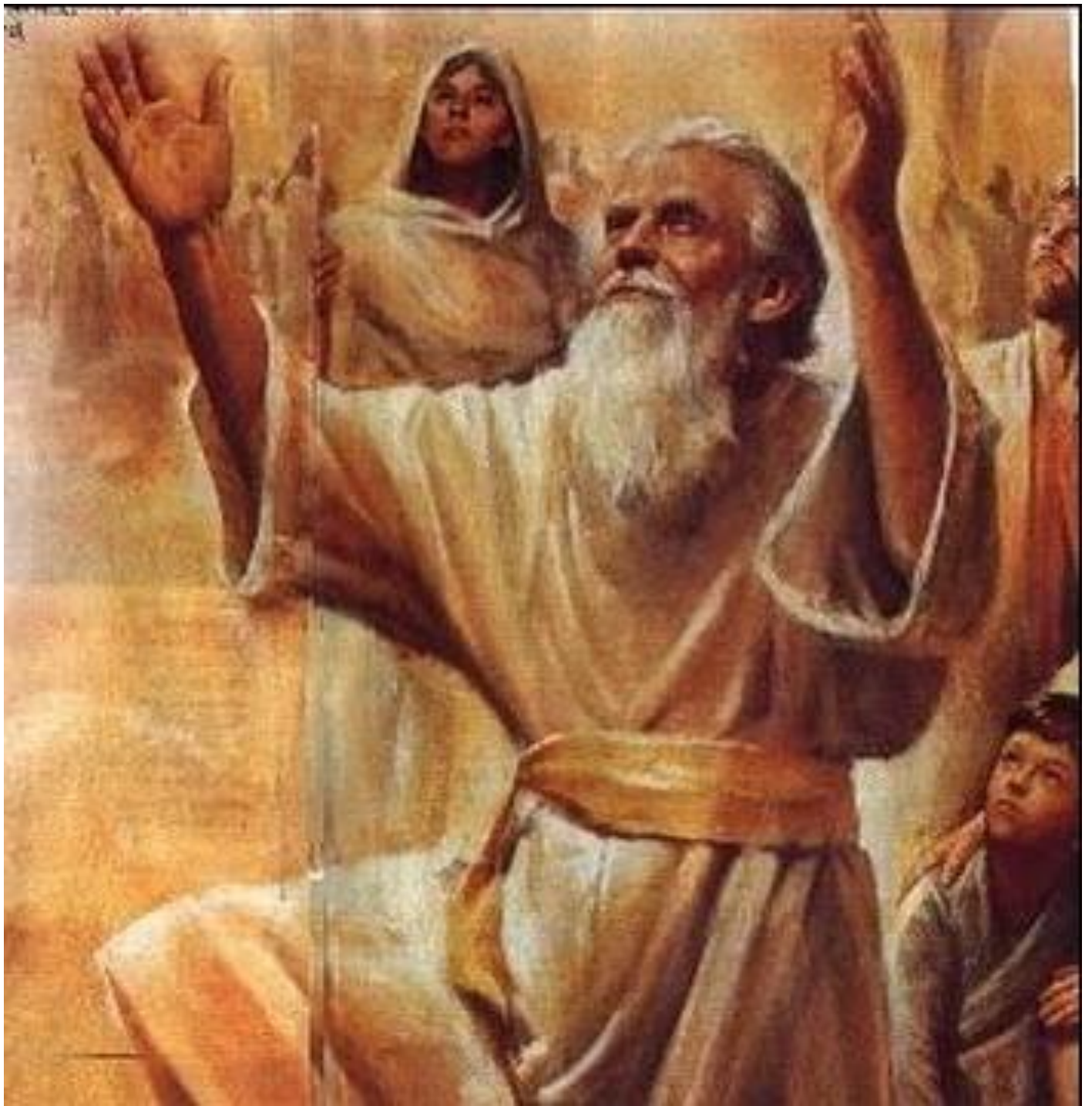
“The signification of Methuselah is, ‘When he is dead, it shall be sent,’ i.e., the Deluge.... As long as Enoch's son lived the world was safe; but when he died, then should it (the Deluge) be sent. Is it not a most impressive demonstration of God's long-suffering that the man whose life was to measure the breadth of a world's probation, was permitted to live longer than anyone else ever did live!”

—Pink, *Gleanings*

God so timed the catastrophic judgment that Methuselah died the year of the Flood. This demonstrates that God's redeemed people are important in holding back God's judgment; they are the salt that preserves society. Jesus said, “*Ye are the salt of the earth*” —Matt. 5:13. He admonished that the salt not lose its savor—its effectiveness as a preservative.

Families, communities, and nations need God's people to be the spiritual salt that holds back God's judgment on an area or a nation.

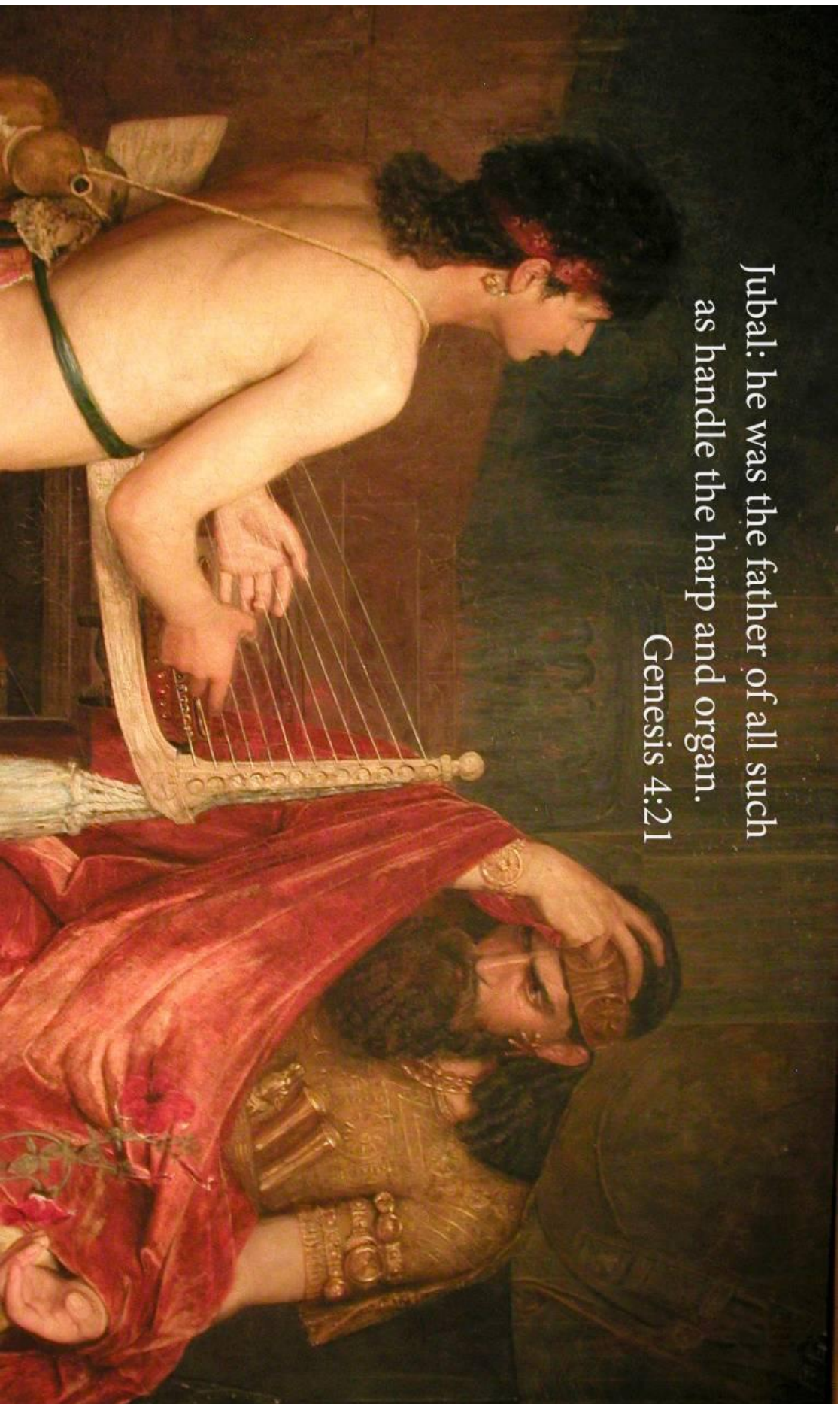
Adapted from *Genesis First Things*, A Beka Book



<https://i.ytimg.com/vi/RrMY-hSQgcE/hqdefault.jpg>

Jubal: he was the father of all such
as handle the harp and organ.

Genesis 4:21





Walking with
God

Meditate on God

Please God

Prophecy for
God